

Stroke & Vascular Check

Screenings are held at Humboldt County Memorial Hospital.

The **Stroke Screen** is for people who may be at risk for a stroke. Risk factors include family history of strokes, high blood pressure, cigarette smoking, heart disease, obesity, high cholesterol, heavy use of alcohol and lack of physical activity. The \$35 screen includes:

- Risk factor questionnaire
- Blood pressure & pulse check
- Non-fasting cholesterol determination
- **Heart Rhythm** with 3-lead EKG for heart irregularity
- Ultrasound of the carotid arteries

The **Abdominal Aortic Aneurysm (AAA) Screen** is for individuals at risk for the development of an AAA. The greatest risk factor is a family history of AAA. Other factors include age (40 and older), male gender, tobacco use, high blood pressure and peripheral vascular disease. Cost is \$35.

The **Peripheral Vascular Disease (PVD) Screen** is for individuals at risk for the development of PVD. Candidates are individuals with diabetes, cardiovascular disease, smokers, those who experience difficulty walking or leg pain. Cost is \$35.

The **Osteoporosis Screen** is also available at the Heart & Stroke Check for individuals interested in learning if they are at risk of developing osteoporosis. Cost is \$25.

The cost for all four screens is \$115.
No Medicare, Medicaid or private insurance accepted.

Screenings offered at
the *Humboldt County*
Memorial Hospital on:

Monday,
September 23

To make an appointment call,
Trinity Healthy Living at
515.574.6505

Vascular Surgeon, Dr. Michael Willerth, with UnityPoint Clinic - Surgery, reviews all vascular screening results and recommends follow-up care, if needed. Screening results are sent directly to the participant.

HC your care,
MH our mission
HUMBOLDT COUNTY MEMORIAL HOSPITAL

 **UnityPoint Health**
Fort Dodge