

# COMMUNITY WELLNESS SCREENING THURSDAY, FEBRUARY 21<sup>st</sup> 6:30-8:30 AM

HCMH Conference Room



## LAB SCREENINGS AVAILABLE FOR THE FOLLOWING:

### WELLNESS PROFILE.....\$25

•Lipid Profile & Blood Sugar includes total Cholesterol, HDL, LDL, & triglycerides

### WELLNESS PROFILE PLUS.....\$40

•Currently includes: Hemogram, Blood Sugar, Creatinine, GFR, Potassium, Calcium, Total Bilirubin, Total Protein, Uric Acid, Cholesterol, HDL, LDL Calculated, Triglycerides and ALT (Kidney and Liver Function Tests)

### HEMOGRAM.....\$20

•Screen for anemia and infection

### CARDIO CRP TEST.....\$30

•Blood test for systemic inflammation and a predictor for coronary heart disease

### PSA.....\$40

•A screen for prostate Cancer that is recommended for men over age 50 or those with family history

### TSH .....\$35

•A sensitive test for thyroid functions

### HEMOGLOBIN A1C .....\$25

•Test to screen for Diabetes. Estimation of average blood sugar levels in the preceding 3-6 months.

### HEPATITIS C ANTIBODY.....\$25

•Recommended by the CDC for all persons born between 1945-1965 who are at higher risk of being infected in the 70's-80's-90's with the virus

### BLOOD PRESSURE.....NO CHARGE

### VITAMIN D TEST.....\$65

•Vitamin D is a hormone produced by the skin, carried by the bloodstream to the liver then processed by the kidneys. Vitamin D helps absorb calcium from the intestines and promotes bone mineralization. Vitamin D deficiency may lead to a variety of disorders, such as osteoporosis

### BLOOD TYPE ABO type- RH type.....\$20

### COLORECTAL SCREENING.....\$15

•A take home kit to detect hidden blood in the stool which is an early warning sign of colorectal disease

### BODY COMPOSITION.....\$15

Body composition, % body fat, hydration status, predicted muscle mass, BMI

**For questions or to make  
an appointment call  
515-332-2492**

- Individuals should be fasting; no solid or liquid food for 12 hours prior to the screening. Water and medications should be taken in normal amounts.
- Payments due at the time of service; insurance will not be billed.
- Refreshments served.